



HOPE EMPOWERED
Ha Tran ☞ Ha for Hope
P.O. Box 3138
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978-473-2190
www.hope-empowered.com

Read What Others Are Saying about *Empowered by Hope*:

"This book is a must read! When I read the story of how this great family overcame the challenges of the falling of Saigon, and how Ha herself went from a life of opulent comfort, to being sent off to the United States, then rose again to be successful in spite of her circumstances I got goose bumps. Her Dad, Mr. Nguyen Van Tho, is an incredibly wise man, a strong man who has had many victories in life, but he will be proud to receive his autographed copy of his beautiful daughter's book covering her life's work and knowing how she is helping other people live a better life and overcome their limitations—keeping her Dad's wisdom alive."

STEVEN L. KEOUGH, a.k.a. "Coach Steve"
Author of *Straight Forward Coaching* and *Self-Esteem*

"This book is a genuine source of energy! It serves me as a 'portable spare battery' for my soul. The wisdom and life experience Ha shares is truly uplifting and pure inspiration. The strongest part is that everything Ha says comes from her own life experience. She actually LIVES the inspired story she is telling. Thank you Ha!"

TOMAS TILVER
Professional writer and translator, Sundbyberg, Sweden

"I first encountered Ha when she was a guest on my wife's radio show. I listened to her story, not so much as a curious Vietnam vet, but more as a curious human being with empathy for a woman who shared struggles similar to my own... despite the vast cultural divide between us. When I heard her speak in person for the first time at a meeting of In the Presence of Positive Women, I knew that I wasn't the only Vietnam vet in the room. I could sense the beginning of a wonderful friendship... a kinship if you will (Ha now refers to me as her brother). The story of her struggles and her victories over them cannot help but inspire. Her love affair with a man she met once before they were married warmed my heart and will warm yours. Having served as a combat medic for a year in her country may have made our friendship more likely than had I served as an infantry-man... the truth is, I can't imagine any bigger obstacle than what my 'sister' Ha and I share."

RICK ADAIR,
Founder, this Field, Gnostic retreat center

"*Empowered by Hope* is one of those rare books that touches the hearts of the masses. Its universal message of hope is sincere and inspiring for all ages. This poignant true story is simply captivating."

DEB DUNHAM
Author of *Tween You and Me: A Preteen Guide to Becoming Your Best Self*

"Ha's story will inspire, awe, and chill you with her seemingly unending trials. She and her husband, Quang, remain striking examples of what the human mind and spirit can overcome. I invite you to make the discoveries that I have experienced."

KENNETH C. CRANNELL, Ph. D., Crannell Consulting
Author of *Voice and Articulation*; Professor Emeritus, Emerson College

"*Empowered by Hope* is a touching story and an amazing journey of a woman who has learned to find her voice through *all* those loving little life lessons she learned through her father's teaching and is now applying here for all who come into her path."

SHERRI RAFTERY, DTM
2009-2010 Governor Toastmasters District 31

"Based on lessons learned from childhood, Ha Tran delivers a timeless book of inspiration and hope that transcends barriers of creed, race, and culture. The thread weaving itself throughout Ha's book is the gift of love and wisdom from her father. Through the uncertain journey from Vietnam to an unknown country filled with new struggles, the gift from father to daughter appeared as his voice in her mind, empowering her day by day. Ha used her priceless gift to become a successful businesswoman and respected inspirational speaker. Now, she shares the wisdom found in her father's gift, lessons learned in her childhood, and the visions and philosophy that empower. This inspiring book has a place on everyone's desk, night stand, or table to provide a daily message of wisdom to live in the present with the vision of hope."

PAUL KEENE, Keene Health LLC

"We are often faced with the difficult choice of either taking a risk in life or submitting and becoming resigned to 'this is just the way things are.' Ha Tran took this risk and literally gambled with her life. Ha's message and experience of taking a big risk in order to create a better life for herself is powerful stuff indeed. If you have a passion to live a full and significant life, you will want to read this book."

JONATHAN MANSKE, Cerebral Sanitation Engineer
Author of *The Law of Attraction Made Simple*

"Your father as your ideal; your inspiration; and your Asian respect to parents is most moving. Younger generations sometimes take things for granted. Your work should be spread and read by young students, to understand fear, sacrifice, love and the desire to improve our daily lives and break the 'poverty cycle.' What I read brought tears to my eyes, since often we forget how many people are constantly toiling and suffering to live, or many times merely survive. Your father taught you strong and good moral principles to abide and follow. You, and your father, make us remember what the price is to reach the 'American Dream.' Many blessings to your father, and your family."

RAY SERRA, retiree, US Armed Services
Professional photographer

"Ha is an extraordinary human being who had a book inside her dying to get out. This is her true, inspirational story about her unrelenting passion and her dangerous escape to freedom. A planned marriage and her father's wisdom sustained and protected her throughout her journey of hope. She empowers us to examine our own lives and helps us to fight for the freedom in our hearts."

DAVE COHEN, DTM, founder, Well Spoken

"Life is an experience we share through our stories. How we tell these stories can bring a smile, teach a lesson, and sometimes, even in our darkest hours, bring *hope*. Travel along as a young woman embarks on a journey that will take her to a new life full of challenges and opportunities in a new land. With her she carries a precious gift, the words and wisdom shared by her father. He could not join her on the journey, so instead he gave her the best part of himself, his wisdom and his hope. And now, as she shares her story, she passes on this precious gift to you so that you too can be empowered by hope."

JOAN KOERBER-WALKER, Chair, CorePurpose, Inc.
Chair, The Opportunity Through Entrepreneurship Foundation

"*Empowered by Hope*—indeed! We can all learn valuable lessons from Ha's journey. She embodies true hope and has risen like a phoenix to exemplify what is great about this country. Only in America could a 'boat person' rise from nothing to a position of helping others navigate the waters of their lives. Yet, it is about so much more than just a land of opportunity... Inspired by the unbelievable love that her father demonstrated (how many of us would sacrifice a future with our children so selflessly?!) she has taken the wisdom passed on to her and used it to help others. Yes, hope is indeed alive and well!"

A. DRAYTON BOYLSTON, founder, Rescue Institute
Author of *Coming Unscrooged! A Contemporary Classic of Corporate Rescue and Redemption*

"'Keep living your life until you draw your last breath,' words of wisdom given from a father to his daughter that penetrated the depths of her soul. Words that led Ms. Tran on an expedition of discovery that took her across the globe from a country embroiled in war to a land that promised a life of freedom. *Empowered by Hope* is a true story of survival, vision, hope, love and possibility where none previously existed. Ha Tran exemplifies what it means to take even the deadliest obstacles and turn them into amazing experiences that will inspire you while taking you on your own journey of awe and respect for one so humble and yet so brave; a woman who shares the story of many others who never had the chance to tell it to the world. When you read *Empowered by Hope* you will be changed forever."

KATHLEEN GAGE
Author of *The Law of Achievement*

"Reading *Empowered by Hope* is a gift you can give yourself. You can read Ha Tran's story of her life after she escaped from Vietnam after the war. As a story it's a wonderful read. More than that, though, reading it can be a transformative experience, because Ha Tran uses her story to convey her father's unique philosophy of life, truly Empowered by Hope. With so much trouble in our world today, this gift is perfectly timed. Enjoy!"

RICK BRENNER

Author of *Go for It! Sometimes It's Easier If You Run*

"Ha Tran's beautiful, powerful book *Empowered by Hope* is moving and insightful. She freely and humbly shares her experiences and wisdom gained from her father's love, her arranged marriage and her perilous journey out of Vietnam. Her story is courageous. Her work is one of simple truth and her genuine love for our planet shines through. This is a great read!"

DR. DENISE LAMOTHE, professional speaker

Clinical Psychologist, Doctor of Holistic Health, Emotional Eating Expert,
Author of *The Taming of the Chew: A Holistic Guide to Stopping Compulsive Eating*

"This book is real, genuine, and heart-felt. The great story of Ha's journey and the important life lessons her dad passed on to her, is educational, inspiring, up-lifting, and highly motivational. If you want to be filled with hope and belief that you can achieve great things regardless of your situation or the odds you face, I highly recommend *Empowered by Hope*."

JOHN J. CHAPIN

Author of *Sales Encyclopedia*

"*Empowered by Hope*, Ha's captivating story of her life in Vietnam, escape from an oppressive regime, and her struggle and triumph in her new country is an inspiration for us all. This book is beautifully written, with her father's inspiring philosophy woven throughout. It will definitely captivate you!"

TOM ANTION

Author of *The Ultimate Guide to Electronic Marketing for Small Business*